



PRIVACY POLICY

Privacy Policy

The Fit Luxe values your privacy and is committed to protecting your personal data. This Privacy Policy explains how we collect, use, and safeguard your information when you interact with our website, subscribe to our newsletter, or book a retreat.

What We Collect

We may collect and store:

- Your name and email address when you subscribe to our mailing list
- Booking information, including contact details and travel preferences
- Communication history between you and The Fit Luxe

How We Use Your Data

We use your information to:

- Send newsletters and retreat updates
- Respond to enquiries and provide customer support
- Process retreat bookings and manage your participation

We will never sell or share your information with third parties without your explicit consent, unless required by law.

Marketing & Communication

If you opt-in to receive emails, we'll occasionally share updates, promotions, or new retreat announcements. You can unsubscribe at any time via the link in our emails or by contacting us directly at info@thefitluxe.co.uk

Data Storage

Your data is stored securely using trusted third-party platforms like Mailchimp and WeTravel, which are GDPR-compliant.

Your Rights

You have the right to:

- Access the data we hold about you
- Request updates or deletion
- Withdraw consent at any time

To exercise any of these rights, please contact us at info@thefitluxe.co.uk.